

Texas Lutheran University Degree Plan Bachelor of Science in Kinesiology-Sport Fitness Management

General Education	Kinesiology-Sport Fitness Management (36 hrs)
Take the following Foundation requirements	KINS 135 Foundations of Kinesiology
Basic Quantitative Literacy	KINS 234 Motor Learning
MATH130 College Math or higher	KINS 238 Foundations of Athletic Training
Critical Reading	KINS 335 Physiology of Exercise
FREX134 Exploring the Arts & Sciences	KINS 434 Senior Seminar
Engaging Faith Traditions	KINS 476 Biomechanics
THEO133 Intro to Theology	KINS 479 Exercise Testing & Prescription
Modern Language	KINS 480 Leadership in Coaching & Admin
Foreign language at 131 level or higher	12 hrs from: KINS 230, 333, 376, 379, 430, 433, 439
Self-Awareness & Development	
PRWB130 Personal Well-Being	
Written Communication	
COMP131 Composition I	
COMP132 Composition II	
· · ·	Supporting Coursework (32 hrs)
Take the following Distribution requirements:	BIOL 147 Human Anatomy & Physiology I
Arts 6 hrs (1 A competency)	BIOL 148 Human Anatomy & Physiology II
	BIOL 235 Principles of Nutrition
	BUSI 231 or 235 Principles of Accounting I
Humanities 6 hrs (1 I competency)	BUSI 337 Principles of Marketing
	BUSI 373 Principles of Management
	BUSI 378 Business Communications
Natural Sciences 6 hrs (1 crs w/lab; 1 S competency)	CHEM 133 Introductory Chemistry
	PRWB 130 Personal Well-being
	SOCI 372
Professional Applications 3 hrs	· ·
	Electives or minor to total 124 hrs
Cultural Perspectives & Religion 3 hrs	
Social Sciences 6 hrs (1 P competency)	
Students need 1 course from each Competency :	
Advanced Quantitative Reasoning (Q)	Co-Curricular Modules (4)
Aesthetic/Expression (A)	
Creative Thinking (C)	
Inquiry & Analysis (I)	
Intercultural/Global Knowledge (G)	
Problem Solving (P)	AA at ha a at ha a 2 life
Scientific Literacy (S)	Must have at least 2 different competencies
Civic Engagement (V)	
Ethical Reasoning (E) Oral Communication (O)	
Written Communication (W)	
	s required for graduation. All degrees require a minimum of 124
	ent to fulfill all degree requirements.
t: Advisor:	Dept Chair: