Texas Lutheran University Degree Plan
Bachelor of Science in Kinesiology Specialist

Student Name: _____ **ID#:** _____

Prospective Graduation Date: _____ **Catalog Year:** **2012-13**

General Education	
Take the following **Foundation** requirements (21 hrs):	
Basic Quantitative Literacy	
	MATH130 College Math or higher
Critical Reading	
	FREX134 Exploring the Arts & Sciences
Engaging Faith Traditions	
	THEO133 Intro to Theology
Modern Language	
	Foreign language at 131 level or higher
Self-Awareness & Development	
	PRWB130 Personal Well-Being
Written Communication	
	COMP131 Composition I
	COMP132 Composition II

Take the following **Distribution** requirements (30 hrs):	
Arts 6 hrs (1 A competency)	
Humanities 6 hrs (1 I competency)	
Natural Sciences 6 hrs (1 crs w/lab; 1 S competency)	
Professional Applications 3 hrs	
Cultural Perspectives & Religion 3 hrs	
Social Sciences 6 hrs (1 P competency)	

Students need 1 course from each **Competency**:	
	Advanced Quantitative Reasoning (Q)
	Aesthetic/Expression (A)
	Creative Thinking (C)
	Inquiry & Analysis (I)
	Intercultural/Global Knowledge (G)
	Problem Solving (P)
	Scientific Literacy (S)
	Civic Engagement (V)
	Ethical Reasoning (E)
	Oral Communication (O)
	Written Communication (W)

Kinesiology Specialist (32-33 hrs)	
	KINS 135 Foundations of Kinesiology
	KINS 234 Motor Learning
	KINS 335 Physiology of Exercise
	KINS 434 Senior Seminar
	KINS 476 Biomechanics
17-18 additional hrs in kinesiology:	

Supporting Coursework (27 hrs)	
	BIOL 147 Human Anatomy & Physiology I
	BIOL 148 Human Anatomy & Physiology II
	CHEM 133 Introductory Chemistry
	PRWB 130 Personal Well-being
13 hrs to be determined by advisor:	
	Elective
	Elective
	Elective
	Elective
	Elective

Electives or minor to total 124 hrs			

Co-Curricular Modules (4)	
Must have at least 2 different competencies	

IMPORTANT: An overall GPA of 2.0 and a major/minor GPA of 2.0 is required for graduation. All degrees require a minimum of 124 hours. It is the responsibility of the student to fulfill all degree requirements.

Student: _____ Advisor: _____ Dept Chair: _____

Registrar: _____ Date: _____