**Texas Lutheran University Dual Degree Plan**

**Bachelor of Science in Kinesiology Exercise Science**

**Master of Athletic Training**

**Student Name:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **ID#:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Prospective Graduation Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Catalog Year:** 2023-24



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| **General Education** |
| Take the following **Foundation** requirements (18 hrs) |
| Basic Quantitative Literacy |
|  | *MATH133 College Algebra or higher* |
| Critical Reading |
|  | *FREX134 Exploring the Arts & Sciences* |
| Engaging Faith Traditions |
|  | *THEO133 Intro to Theology* |
| Modern Language |
|  | *Foreign language at 131 level or higher* |
| Written Communication |
|  | *COMP131 Composition I* |
|  | *COMP132 Composition II* |
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| Take the following **Distribution** requirements (21 hrs) |
| Arts 6 hrs  |
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| Humanities 12 hrs (maximum 2/discipline) |
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| Natural Sciences & Math 6 hrs (1 crs w/lab) |
| √ | *BIOL 245 Human Anatomy & Physiology I*  |
| √ | *CHEM 147 Principles of Chemistry*  |
| Social Sciences 6 hrs |
| √ | *PSYC 131 Intro to Psychology* |
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|  |
| Students need 1 course from each **Competency**: |
| 3 Critical Thinking Courses (T) |  |  |  |
| 3 Engaged Citizenship Courses (Z) |  |  |  |
| 2 Communication Courses (C) |  |  |  |
| 1 Ethics Course (E) |  |  |  |
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| Reflective Modules (3) |
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| **Kinesiology Specialist (36 hrs)** |
|  | *KINS 130 Prevention and Care of Athletic Injuries* |
|  | *KINS 131 Personal Well-Being* |
|  | *KINS 135 Foundations of Kinesiology* |
|  | *KINS 231 Exercise & Sport Psychology* |
|  | *KINS 244 Motor Learning* |
|  | *KINS 238 Foundations of Athletic Training* |
|  | *KINS 345 Physiology of Exercise* |
|  | *KINS 433 Research Design in Kinesiology* |
|  | *KINS 446 Biomechanics* |
| 6 hours of Upper-Division Kinesiology Courses |
|  | *KINS* |
|  | *KINS* |
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| **Supporting Coursework (22 hrs)** |
|  | *BIOL 245 Human Anatomy & Physiology I* |
|  | *BIOL 246 Human Anatomy & Physiology II* |
|  | *CHEM 147 Principles of Chemistry*  |
|  | *PHYS 141 General Physics I* |
|  | *PSYC 131 Intro to Psychology* |
|  | *STAT 374 Statistics* |
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| **Graduate Coursework (56 hrs)** |
|  | *ATHL 512 Research Project Application* |
|  | *ATHL 513 Case Analysis of Musculoskeletal Inj* |
|  | *ATHL 530 AT Concepts* |
|  | *ATHL 531 Clinical Practice 1* |
|  | *ATHL 532 Clinical Practice 2* |
|  | *ATHL 533 Clinical Practice 3* |
|  | *ATHL 534 Clinical Practice 4* |
|  | *ATHL 535 Pharmacology* |
|  | *ATHL 536 General Medicine Concepts* |
|  | *ATHL 538 Advanced Clinical Reasoning* |
|  | *ATHL 570A Muskuloskeletal injury I* |
|  | *ATHL 570B Muskuloskeletal injury II* |
|  | *ATHL 571 Community Based Prevention Strategies* |
|  | *ATHL 572 Adv Therapeutic Interventions* |
|  | *ATHL 573 Acute Care* |
|  | *ATHL 574 Clinical Practice Summer* |
|  | *ATHL 575 Modalities* |
|  | *ATHL 576 Athletic Training Administration* |
|  | *ATHL 577 Rehab* |
|  | *ATHL 578 Athletic Training Capstone* |

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**IMPORTANT**: An overall GPA of 2.0 and a major/minor GPA of 2.0 is required for graduation. All degrees require a minimum of 124 hours. It is the responsibility of the student to fulfill all degree requirements.

Student: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Advisor: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Dept Chair: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 Registrar: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_