**Texas Lutheran University Degree Plan**

**Bachelor of Science in Kinesiology-Sport & Fitness Management**

**Student Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ID#: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Prospective Graduation Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Catalog Year: 2022-23**



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| **General Education** |
| Take the following **Foundation** requirements (18 hrs): |
| Basic Quantitative Literacy |
|  | *MATH130 College Math or higher* |
| Critical Reading |
|  | *FREX134 Exploring the Arts & Sciences* |
| Engaging Faith Traditions |
|  | *THEO133 Intro to Theology* |
| Modern Language |
|  | *Foreign language at 131 level or higher\** |
| Written Communication |
|  | *COMP131 Composition I* |
|  | *COMP132 Composition II* |
| *\* The language requirement can also be met by a study abroad*  *program lasting 4 weeks.* |
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| Take the following **Distribution** requirements (21 hrs): |
| Arts 6 hrs  |
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| Humanities 12 hrs (no more than 2 courses/discipline) |
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| Natural Sciences & Math 6 hrs (1 crs w/lab) |
| √ | *BIOL 245 Human Anatomy & Physiology I* |
| √ | *CHEM 147 Introductory Chemistry* |
| Social Sciences 6 hrs |
| √ | *ECON 237 or SOCI 130* |
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| Complete the following **Competencies**: |
| 3 Critical Thinking Courses (T) |  |  |  |
| 3 Engaged Citizenship Courses (Z) |  |  |  |
| 2 Communication Courses (C) |  |  |  |
| 1 Ethics Course (E) |  |  |  |

**IMPORTANT**: An overall GPA of 2.0 and a major/minor GPA of 2.0 is required for graduation. All degrees require a minimum of 124 hours. It is the responsibility of the student to fulfill all degree requirements.

Student: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Advisor: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Dept Chair: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 Registrar: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| **Kinesiology-Sport Fitness Management (39 hrs)** |
|  | *KINS 131 Personal Well-Being* |
|  | *KINS 135 Foundations of Kinesiology* |
|  | *KINS 234 Motor Learning* |
|  | *KINS 238 Foundations of Athletic Training* |
|  | *KINS 335 Physiology of Exercise* |
|  | *KINS 433 Research Design in Kinesiology* |
|  | *KINS 434 Capstone* |
|  | *KINS 476 Biomechanics* |
|  | *KINS 479 Exercise Testing & Prescription* |
| Three 1-hour activity courses: |
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| 9 hrs from: KINS 230, 231, 232, 333, 376, 379, 430, 439 |
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| **Supporting Coursework (30 hrs)** |
|  | *BIOL 245 Human Anatomy & Physiology I*  |
|  | *BIOL 246 Human Anatomy & Physiology II* |
|  | *BIOL 235 Principles of Nutrition* |
|  | *BUSI 231 or 235 Principles of Accounting I* |
|  | *BUSI 337 Principles of Marketing* |
|  | *BUSI 373 Principles of Management* |
|  | *BUSI 378 Business Communications* |
|  | *CHEM 147 Principles of Chemistry*  |
|  | *ECON 237 or SOCI 130* |
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| **Electives or minor to total 124 hrs** |
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| **Reflective Modules (3)** |
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