**Texas Lutheran University Degree Plan**

**Bachelor of Science in Kinesiology Rehabilitation Science**

**Student Name:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **ID#:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Prospective Graduation Date:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Catalog Year:** 2023-24



|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **General Education** | | | | |
| Take the following **Foundation** requirements (18 hrs): | | | | |
| Basic Quantitative Literacy | | | | |
|  | *MATH133 College Math or higher* | | | |
| Critical Reading | | | | |
|  | *FREX134 Exploring the Arts & Sciences* | | | |
| Engaging Faith Traditions | | | | |
|  | *THEO133 Intro to Theology* | | | |
| Modern Language | | | | |
|  | *Foreign language at 131 level or higher\** | | | |
| Written Communication | | | | |
|  | *COMP131 Composition I* | | | |
|  | *COMP132 Composition II* | | | |
| *\* The language requirement can also be met by a study abroad*  *program lasting 4 weeks.* | | | | |
|  | | | | |
| Take the following **Distribution** requirements (15 hrs): | | | | |
| Arts 6 hrs | | | | |
|  |  | | | |
|  |  | | | |
| Humanities 12 hrs (no more than 2 courses/discipline) | | | | |
| √ | *COMM 374 Professional Speaking* | | | |
|  |  | | | |
|  |  | | | |
|  |  | | | |
| Natural Sciences & Math 6 hrs (1 crs w/lab) | | | | |
| √ | *BIOL 245 Human Anatomy & Physiology I* | | | |
| √ | *CHEM 143 General Chemistry I* | | | |
| Social Sciences 6 hrs | | | | |
| √ | *PSYC 131 Introduction to Psychology* | | | |
| √ | *PSYC 236 Developmental Psychology* | | | |
|  |  | | | |
| Complete the following **Competencies**: | | | | |
| 3 Critical Thinking Courses (T) | |  |  |  |
| 3 Engaged Citizenship Courses (Z) | |  |  |  |
| 2 Communication Courses (C) | |  |  |  |
| 1 Ethics Course (E) | |  |  |  |

|  |  |
| --- | --- |
|  | |
| Reflective **Modules** (3) | |
|  |  |
|  |  |
|  |  |

**IMPORTANT**: An overall GPA of 2.0 and a major/minor GPA of 2.0 is required for graduation. All degrees require a minimum of 124 hours. It is the responsibility of the student to fulfill all degree requirements.

Student: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Advisor: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Dept Chair: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Registrar: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |
| --- | --- |
| **Kinesiology Rehabilitation Science (36 hrs)** | |
|  | *KINS 131 Personal Well-Being* |
|  | *KINS 135 Foundations of Kinesiology* |
|  | *KINS 244 Motor Learning* |
|  | *KINS 345 Physiology of Exercise* |
|  | *KINS 433 Research Design in Kinesiology* |
|  | *KINS 434 Capstone* |
|  | *KINS 446 Biomechanics* |
|  | *KINS 479 Exercise Testing & Prescription* |
| 9 hours of kinesiology (KINS) electives: | |
|  |  |
|  |  |
|  |  |
|  | |
| **Supporting Coursework (53 hrs)** | |
|  | *BIOL 143 Biological Systems I* |
|  | *BIOL 144 Biological Systems II* |
|  | *BIOL 245 Human Anatomy & Physiology I* |
|  | *BIOL 246 Human Anatomy & Physiology II* |
|  | *BIOL 235 Principles of Nutrition* |
|  | *BIOL 431 General Physiology* |
|  | *CHEM 143 General Chemistry I* |
|  | *CHEM 144 Gen CHEM II or 341 Analytical Chem* |
|  | *COMM 374 Professional Speaking* |
|  | *PHYS 141 General Physics I* |
|  | *PHYS 142 General Physics II* |
|  | *PSYC 131 Introduction to Psychology* |
|  | *PSYC 236 Developmental Psychology* |
|  | *PSYC 332 Psychopathology* |
|  | *STAT 374 Statistics* |
|  | |
| **Electives or minor to total 124 hrs** | |
|  |  |
|  |  |

122 hrs