**Texas Lutheran University Degree Plan**

**Bachelor of Science Kinesiology Teaching/Coaching**

**Student Name:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **ID#:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Prospective Graduation Date:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Catalog Year:** 2023-24



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| **General Education** |
| Take the following **Foundation** requirements (18 hrs): |
| Basic Quantitative Literacy |
|  | *MATH 130 or 133* |
| Critical Reading |
|  | *FREX 134 Exploring the Arts & Sciences* |
| Engaging Faith Traditions |
|  | *THEO 133 Intro to Theology* |
| Modern Language |
|  | *SPAN XXX First Spanish Language Course* |
| Written Communication |
|  | *COMP 131 Composition I* |
|  | *COMP 132 Composition II* |
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| Take the following **Distribution** requirements (0 hrs): |
| Arts 6hrs |
| √ | *VART 136 Art Appreciation*  |
| √ | *Arts Elective*  |
| Humanities 12 hrs (no more than 2 courses/discipline) |
| √ | *ENGL 2XX Literature*  |
| √ | *HIST 131 Early North American*  |
| **√** | *COMM 374 Professional Speaking* |
| **√** | *SPAN XXX Second Spanish Language Course* |
| Natural Sciences & Math 6 hrs (1 crs w/lab) |
| √ | *BIOL 245 A&P I* |
| √ | *BIOL 246 A & P II* |
| Social Sciences 6 hrs  |
| **√** | *POLS 231 American Politics*  |
| **√** | *PSYC 236 Developmental Psychology* |
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| Complete the following **Competencies**: |
| 3 Critical Thinking Courses (T) |  |  |  |
| 3 Engaged Citizenship Courses (Z) |  |  |  |
| 2 Communication Courses (C) |  |  |  |
| 1 Ethics Course (E) |  |  |  |

**IMPORTANT**: An overall GPA of 2.0 and a major/minor GPA of 2.0 is required for graduation. All degrees require a minimum of 124 hours. It is the responsibility of the student to fulfill all degree requirements.

Student: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Advisor: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Dept Chair: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 Registrar: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| **Distribution Coursework (28 hrs)** |
|  | *VART 136 Art Appreciation*  |
|  | *Arts Elective*  |
|  | *ENGL 2XX (Literature)* |
|  | *HIST 131 Early North American*  |
|  | *HIST 132 Modern North American History*  |
|  | *BIOL 245 A&P I*  |
|  | *POLS 231 American Politics I*  |
|  | *SPAN XXX Second Spanish Language Course* |
|  | *COMM 374 Professional Speaking* |
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| **Education & Reading Coursework (24 hrs)** |
|  | *EDUC 272 or EDUC 374* |
|  | *EDUC 332 Learning Processes & Evaluation* |
|  | *EDUC 334A US Schools*  |
|  | *EDUC 432 Instructional Strategies (Secondary)* |
|  | *EDUC 438 (w/ST) Classroom Management* |
|  | *EDUC 462 Student Teaching* |
|  | *READ 436 (w/ST) Literacy in the Content Areas* |
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| **Academic Support Courses (37 hrs)** |
|  | *BIOL 246 A & P II* |
|  | *ENGL 371 Advanced Composition*  |
|  | *PSYC 236 Lifespan Development* |
|  | *KINS 135 Foundations of Kinesiology* |
|  | *KINS 244 Motor Learning* |
|  | *KINS 345 Physiology of Exercise* |
|  | *Take 1 of the following: KINS 373, 374, or 375* |
|  | *KINS 382 Methods of Teaching PE* |
|  | *KINS 433 Research design in Kinesiology* |
|  | *KINS 434 Senior Capstone* |
|  | *KINS 446 Biomechanics* |
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| **Select one:**Second teaching specialization(24 hrs):  \_\_\_\_\_\_\_**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**  **OR** aMinor (18 hrs) in:   **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** |
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| **Reflective Modules (3)** |
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125-131