



Pregnant or Parenting?

Campus Resources

TLU Counseling and Accessibility Center

- Sarah Westerfield, LPC-S
- Student Health & Wellness Center
- Ph: 830-372-8009
- Email: swesterfield@tlu.edu

TLU Campus Ministry

- Pastor Wes Cain
- Alumni Student Center, Suite 107
- Ph: 830-372-8160
- Email: kwccain@tlu.edu

TLU Health Center

- Laci Webber, LVN
- Student Health & Wellness Center
- Ph: 830-372-8067
- Email: healthservices@tlu.edu

TLU Campus Living

- Gabriel Barrientez
- Alumni Student Center, Suite 107
- Ph: 830-372-8065
- Email: campusliving@tlu.edu
- Can assist with on campus family housing options

Title IX Resources

Title IX Coordinator

- Dr. David A. Ortiz,
Vice President for Diversity,
Equity, & Inclusion
- Beck Center, Suite 104
- Ph: 830-372-6349
- Email: dortiz@tlu.edu

Title IX Services & Equity Compliance

- Leslie Flores
- Ph: 830-372-6327
- Email: lflores@tlu.edu or
titleix@tlu.edu for questions on
TLU's pregnant and parenting
policies.

Title IX Protects You From Discrimination At School

Title IX of the Education Amendments of 1972 bans sex discrimination in federally funded education programs and activities. Title IX regulations require that pregnant and parenting students have equal access to schools and activities, that all separate programs for pregnant or parenting students be completely voluntary, and that schools must excuse absences that are due to pregnancy or childbirth for as long as is deemed medically necessary by the student's physician.

What to do if you become pregnant:

At Texas Lutheran University, we want to help you achieve your academic goals. You should know that many students have traversed through these same life transitions successfully, and we are here to assist you with any questions you have about academic success.

What if your partner becomes pregnant:

Obviously, you won't be affected by physical changes associated with pregnancy. However, you should know that Title IX also protects you from being discriminated against because of your partner's pregnancy or your status as a parent.

Who can help you:

We encourage you to find someone trusted within our institution that can help you navigate through the numerous decisions you will encounter. Our institution has a number of people that are equipped to help you, such as our Counseling and Disability Services, Campus Nurse, Campus Pastor, Athletic Department, representatives from Student Life and Learning and the Title IX Office.

Tips on avoiding unexcused absences

- Build your academic schedule to accommodate your medical appointment schedule.
- Schedule a meeting with individual professors within the first two weeks of classes to discuss the upcoming semester.
- If possible, prior to missing a class, send an email from your TLU email account to let your professor(s) know you will be absent.
- If not possible to contact a professor before class, provide a doctor's note as soon as possible after the missed class.
- Discuss any requested academic accommodations proactively with your professor and the Title IX Office.